

Research on the Role of Chinese Medicine Ethics in Clinical Practice

Wang Hechun

University of Washington, Washington, USA

hechunw0423@gmail.com

Keywords: TCM ethics; Medical ethics; Clinical practice

Abstract: The progress of modern medicine provides an unprecedented advantage for improving professional skills and the overall quality of traditional Chinese medicine; it also puts forward higher standards for Chinese medicine practitioners at the same time. Among them, traditional Chinese medicine ethics, composed of important theories in the field of Chinese medicine, can play a positive role at multiple levels in clinical practice. Based on this, this study elaborates on the theoretical connotation of traditional Chinese medicine ethics from the perspective of basic composition, the essence of ideology, and current main research objects, further exploring the main characteristics of traditional Chinese medicine ethics and its specific role in clinical practice, and proposed the development of traditional Chinese medicine ethics in the new era.

1. Introduction

Traditional Chinese medicine ethics, composed of important theories in the field of Chinese medicine, can play a positive role at multiple levels in clinical practice. Under the current economic and social structure, Chinese medicine ethics in my country take professional ethics research as one of the vital directions. Chinese medicine ethics is an integral part of ancient Chinese culture and is inevitably affected by traditional Confucian cultural ideas. In order to improve doctors' medical service level, traditional Chinese medicine ethics has also begun to be an important part of clinical internships in Chinese medicine. Traditional Chinese medicine ethics has developed in the splendid civilization of thousands of years and has become an indispensable part of my country's Chinese medicine theory system. This study elaborates on the theoretical connotation of traditional Chinese medicine ethics from the perspective of basic composition, the essence of ideology, and current main research objects.

2. Theoretical Connotation of Chinese Medicine Ethics

2.1 Basic Composition of Chinese Medicine Ethics

The basic reason for the development of Chinese medicine ethics that can still have a long and strong vitality is that it exists as an important branch of Marxist ethics. From this perspective, Chinese medicine ethics is a science of morality; under the category of Chinese medicine, the specific expression of morality and the moral relationship constitute the entire subject system of Chinese medicine ethics; it has a close logical structure and rich theoretical connotation.

TCM ethics can be divided into three major modules: moral consciousness, practice, and relationship. Similar to the basic principles of Marxist philosophy, the moral consciousness in the traditional Chinese medicine system is also used to express the concept of human moral activities, and the various psychological processes behind people's concepts also belong to the moral consciousness of Chinese medicine. Secondly, the practice in Chinese medicine ethics refers to the entire medical process, and the corresponding moral practice refers to the evaluation of various behaviors in the process of complete medical treatment according to relatively stable standards, involving indicators such as medical ethics and medical ethics education [1]. On the whole, the moral practice in Chinese medicine ethics reflects moral consciousness. Third, the moral relationship between Chinese medicine and other occupations is the same, it is also directly affected by social and

economic relations, and it needs to exist in accordance with specific rules. For Chinese medicine ethics, moral relationships include doctors and patients between doctors and patients. Among them, the most basic and most important moral relationship is the relationship between doctors and patients. This is the prerequisite for Chinese medicine as a mature occupation.

2.2 The Essence of Chinese Medicine Ethics

In addition to noble medical skills, Chinese medicine ethics is also the goal of discussing and practicing doctors of all ages. Whether it is the concept of "one-piece" in the "Emperor's Canon" or the "big doctor sincere" in "Thousands of Gold," doctors in various dynasties and periods in my country have discussed medical ethics, and these ideas can be reflected in much Chinese medicine works. Although these ideas do not form mature independent disciplines, these norms also reflect the ideological connotation of Chinese medicine ethics [2].

At the same time, the long history of my country for thousands of years has witnessed the deeds of countless medical models, these great doctors who treat patients and rescue people, and their patients and their noble qualities have laid the foundation for the development of Chinese medicine ethics in my country. If people are respected as the ancestor's flat, historical records have always followed the principle of non-cure; There is a wide range of medical saints Zhang Zhongjing, his dialectical theory is the soul of the theory of traditional Chinese medicine; There is Hua Tuo, who is good at surgery, practicing medicine throughout the world, mighty and unyielding; There is also open-minded learning, and Sun Simiao, who specializes in medical ethics as the key content. After the founding of New China, generations of medical workers inherited and carried forward the ideas of Chinese medicine. These great measures are the essence of Chinese medicine ethics.

2.3 The Main Research Object of Current Chinese Medicine Ethics

Under the current economic and social structure, Chinese medicine ethics in my country take professional ethics research as one of the vital directions [3]. The continuous figuration and development of the moral norms of traditional Chinese medicine is the responsibility of the development and progress of traditional Chinese medicine ethics under the socialist system. The concept of treating diseases and saving people and life is greater than heaven reflects the treatment of patient's physical and mental health in the treatment of Chinese medicine; this is because all medical activities in Chinese medicine are even a detail, which is related to the entire family of the patient. Based on this, the theory of TCM ethics requires the patient in the first place, that is, when conducting various medical activities, always use the interests of patients as the starting point of their own behavior, and the greatest extent for the health considerations of patients. The special nature of the doctor and the requirements of the ethics of traditional Chinese medicine have clearly clarified the benchmark line of traditional Chinese medicine morality. The influence of this specification is the driving force for the development of traditional Chinese medicine ethics.

3. The Main Characteristics of Chinese Medicine Ethics

3.1 With Confucian Culture as the Core

Chinese medicine ethics is an integral part of ancient Chinese culture and is inevitably affected by traditional Confucian cultural ideas. It can even be said that the entire Chinese medicine system is inseparable from the nourishment of Confucianism [4]. Chinese medicine reflects people's thinking on nature, heaven and earth, and various relationships, and it has gradually summarized the treatment rules for different patients at the practical level. The same is true of Chinese medicine ethics. The most direct reflection of people-oriented influence in the theory of ethics on Monday is that people exist as the main body of Chinese medicine ethics. At the same time, medical ethics are also important in human physiology and psychology. The projection of this connection in Confucian culture is the unity of heaven and man. On the other hand, Confucianism believes that people are constantly changing, as well as Chinese medicine ethics. This requires physicians to master the changing medical ethics in addition to the continuous pursuit of more advanced medical skills.

When facing patients, the medical skills used by the ancient doctors were inseparable from the idea of "benevolence," for example, in the face of the huge differences between the rich and the poor patients, we must also have the same appropriate treatment, use the same diagnosis and treatment process, and even taste the soup for patients. This practice of medical ethics is also an opportunity for doctors to refine their personal character. But at the same time, it is not difficult to find that the inherent concepts of "body skin, skin, and not destroyed" in Confucianism insist on the development of medicine, especially surgery, to some extent. Furthermore, the feudal ethical thoughts in the Confucian theoretical system have also made anatomy an immoral or even illegal activity. According to the current perspective, some Confucian thoughts have hindered the improvement and progress of Chinese medicine.

3.2 Associated with Practical Signs Closely

Our country's Chinese medicine ethics system not only comes from the thoughts of Confucianism, but many clinical symptoms have also been actively borrowed during the development process; at the same time, it is complementary to other theories of Chinese medicine and has gradually established the ethical thoughts of Chinese medicine in the accumulation of experience in thousands of years. This high summary of experience has made up for the shortcomings that may encounter in medical development to a certain extent. Also, taking the Confucian concept of the high maintenance of the human body hair and skin as an example, the original attention made most Chinese medicine usually choose to perform pathological analysis from the external manifestations of patients, internal lesions speculate on the overall, rather than deliberately observing the local situation. Doctors will diagnose the individual characteristics of patients in accordance with the previous overall laws of the patient. In the specific application process, if the patient's disease has improved, it further confirms the correctness of the previous laws.

4. Analysis of the Role of Chinese Medicine Ethics in Clinical Practice

4.1 Respect for the Value of Life

The high degree of Chinese medicine ethics is definitely unquestionable to the value of life. In the preface of "Preparing for the Earthquake," Sun Simiao directly proposed that "the life is heavy, there is no expensive gold" this reflects that while ancient Chinese doctors were committed to improving personal and professional skills, they also paid attention to the benevolence of the doctor, it is even a humanitarian idea to think of this kind of strong sense of justice in the pain of helping patients. Under the guidance of this kind of thought, many doctors are embraced and rescue people, even the original intention and mission of saving people's responsibility and then rising to respect the value of life. Even in the face of patients with severe conditions, the respect of the doctor's respect for life and life value will naturally promote it to make a kind of empathy and give high sympathy and comfort to these patients and psychological patients with dual pain [5]. The comfort of physician skills and emotions can reduce pain to patients to a certain extent, help patients alleviate bad emotions, restore confidence and health as soon as possible, and fight with high spirits and illness.

4.2 Help to Establish Medical Ethics

Even in the category of traditional Chinese medicine, the various actions of doctors will inevitably be affected by economic and social development or even impact, and in this case, some medical workers inevitably have a differentiated attitude in the face of patients and even malfeasance. There is a saying in "The Conscious Doctor" doctors should not "be their strengths and concentrate on the property"; instead, you must strictly ask yourself, "saving the heart." The apricot forest is full of spring. In the Three Kingdoms Period, Dong Feng was the story of the patient's treatment but did not directly charge fees; he asked the patient to grow apricot trees after healing and used apricot to give food to the victims. This selfless good deed still has a positive reference value to this day. "Qizhou Zhi Ru Lin" records Li Shizhen's medical product. In order to save the patient, he ran to thousands of miles away to send medicine but did not receive scores. These cases can be used to guide and educate

contemporary doctors to strictly adhere to the principles and regulations, gradually learn to restrain bad desires, abide by Chinese medicine ethics, and practice medical ethics. On the other hand, when the patient feels the doctors' noble medical and medical ethics, it is more likely to stimulate the positive psychology of fighting illness, which is easier to recover. In the process, patients will also feed the physician with a sense of honor and responsibility to further enhance the medical ethics of doctors.

4.3 Balanced Medical and Teaching

In order to improve doctors' medical service level, traditional Chinese medicine ethics has also begun to be an important part of clinical internships in Chinese medicine. This requires doctors to start from conventional operations and symptoms in practice and give sufficient attention to patients; therefore, the free communication between the doctor and the patient maximizes the accuracy of diagnosis and treatment while improving the actual effects of clinical teaching. The usual mode is that the teacher communicates with the patients and family members while teaching, explaining to students for cases or even touching them. Especially in the formal teaching session, sometimes patients and family members have dissatisfaction. Based on this, to further protect patients' privacy so that clinical teaching can develop for a long time, the "Regulations on the Handling of Medical Accidents" clarify the privacy parts of the patient's identity information. In this process, Chinese medicine ethics can balance the self-esteem, privacy, and teaching situation of patients at the same time, in the current medical environment, help to experience the relationship between learning and diagnosis and treatment and provide help for alleviating the contradictions of medical care and improving the medical environment.

4.4 Provide a Sense of Security for Patients

Even at the current high level of medical care, the physician is still helpless in the face of many diseases, and traditional Chinese medicine is no exception. In this process, different groups of society have gradually realized that the progress and development of medicine are no longer just to help patients reduce pain; it is not just to survive this purpose but to help patients restore sociality at multiple levels of physical and psychological. This requires Chinese medicine to relieve the patient's pain and give it spiritual stability. This is an important support for patients to be separated from the treatment environment and reintegrate into society. Even in the face of patients with late cancer, Chinese medicine ethics can provide dying care for those who lose hope and try to relieve pain. At the same time, the ending care plan under the guidance of Chinese medical ethics also includes concern and support for family members, trying to help the patient's family members accept the reality and face it directly to better accompany the patient.

5. The Development of Chinese Medicine Ethics in the New Era

5.1 Continuous Improvement of the Ethical Ideas of Traditional Chinese Medicine

Traditional Chinese medicine ethics has developed in the splendid civilization of thousands of years and has become an indispensable part of my country's Chinese medicine theory system [6]. During the socialist construction period, many new ideas and technologies in the development of traditional Chinese medicine and the discussion and research of Chinese medicine ethics entered a new stage. Although the industry's discussions on Chinese medicine morality and practice have gradually become mature, however, we must also be soberly recognized that if you want to get rid of the constraints of negative thoughts in the ethics of Chinese medicine, you need to have a larger volume and more professional Chinese medicine practitioner, starting from the level of scientific research and teaching, collect a lot of information and verify it, it is used to guide practice, improve theoretical development, and inherit the essence of the ethics of traditional Chinese medicine.

5.2 Strengthen Chinese Medicine Ethics Education

Students who learn Chinese medicine should pay attention to the level of ethics, even during clinical internships. The problems encountered in clinical diagnosis and treatment and clinical

internships are different from a single curriculum teaching; this allows medical students to have sufficient medical ethics and the skills to face patients and family members. This is the charm of Chinese medicine ethics. In addition to highlighting the initiative of medical students, it is also necessary to strengthen the education of Chinese medicine ethics for students, emphasize the equality and comprehensive communication between patients and doctors, and help medical students gradually learn the conflict between the right to know and experiments in clinical practice, and the contradiction between the privacy and clinical teaching of patients. At the same time, to practice Chinese medicine ethics, the teachers should also pay attention to the maintenance of virtue, taking self-proclaiming as the focus of traditional Chinese medicine ethics and cultivating high-level Chinese medicine talents.

References

- [1] Wang Xintong, Zhang Zhongjing. Research on TCM Ethics Thought[D]. Hunan Technology University, 2022.
- [2] Liu Wei, Guo Jing. The basis for the integration of Chinese medicine ethics essence into the basis of moral education in higher medicine colleges[J]. Journal of Harbin College, 2021,42(07):134-136.
- [3] Yang Yuchan. Experimental animal ethical exploration in the vision of Chinese medicine[D]. Shan Dong University, 2019.
- [4] Chen Xiaoyun, Zhu Yilian, Liu Lei, Liu Ping. The impact of the Chinese medicine practitioner's teaching model on the humanistic ethics thought of doctors[J]. Chinese Medical Ethics, 2018,31(03):391-394.
- [5] Xu Zhesheng. Research on the way of traditional Chinese medicine ethics integrates medical ethics education in medical students[J]. Sanitary Education, 2017,35(06):1-4.
- [6] Wei Xingge. Research on the core thought and value of the ethics of the humanistic spirit of traditional Chinese medicine[D]. Chengdu Traditional Chinese Medicine University, 2017.